

Breaking Convention 2011

Amended Evening Programmes

Saturday 2 April

20:00-21:45 Room F Workshop 'Colibri Heart Ecstatic Tribal Trance Dance'
led by Guy Barrington

The *Colibri* is a hummingbird, a symbol of the joyous vibratory Heart, the quickening energy and awakening of our evolutionary potential, and for our purposes represents the golden doorway we Journey through to embrace more of the Rainbow Spectrum of Consciousness and Energy that Life offers us to live.

The *Trance Dance* offers the possibility to move from the perception of the outside world into the dynamic experience of your inner Life, becoming more aware of the Presence of and movement of your inner Being. We wake up our inner sense (innocence), and move from the nakedness of Heart, dancing into the wild Dreaming places where our Soul Fire passionately exists. We open to inspiration (in "spirit" action) so our Essence dances in the *feeling of Home*. *Ecstasy* naturally rises without effort, a new inclusive harmony emerges...

The Colibri Heart Ecstatic Tribal Trance Dance is a Ritual moment "outside of time" in which we make contact with our Sacredness beyond words and prayers, and live the Dance of Spirit through our flesh and bones directly as ourselves. In so doing we feel uplifted, vitalized, enthused, awakened, joyous, purposeful and connected. You are warmly invited you to share in this Tribal Ritual experience and to meet the hummingbird in your Heart.

20:00-01:00 Origins Bar Evening Social with live bands and DJs

The Manifold Curiosity
Dr. Ben's DJ set
Geoff Richardson and Jennifer Maidman
Barking Toad
The Raagnarok Allstars

20:30-22:00 Woolf Lecture Theatre Film 'Dirty Pictures'

Sunday 3 April

20:00-23:00 The Pavillion Evening Social with live bands and DJs

Syd Arthur
The Bardo Light Show and DJ set

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Short Film Abstracts

Saturday 2 April

09:30-11:00 "2012: A Time for Change"

Directed by Emmy Award nominee João Amorim, the film follows journalist Daniel Pinchbeck on a quest for a new paradigm that integrates the archaic wisdom of tribal cultures with the scientific method. As conscious agents of evolution, we can redesign post-industrial society on ecological principles to make a world that works for all. Rather than breakdown and barbarism, 2012 heralds the birth of a regenerative planetary culture where collaboration replaces competition, where exploration of psyche and spirit becomes the new cutting edge, replacing the sterile materialism that has pushed our world to the brink.

11:30-12:50 "Howard Marks on Drugs"

In this documentary Current TV writer, broadcaster and celebrity drug dealer Howard Marks goes on a journey to explore whether Britain is taking the right approach to drug prohibition. Exploring all sides of the debate he will examine why drugs are illegal, the dangers of prohibition and how decriminalisation of drugs could affect society.

13:10-13:30 "Neirika" and "Memory Theatre"

Sunday 3 April

10:00-10:30 "Stories on a Stick"

This film takes us on an astonishing journey, from the director's near fatal encounter with polio as a child in Ireland to an archaic world of ritual magic deep in the Amazon jungle. Here rainforest dwellers consume powerful hallucinogenic plants, to communicate with 'spirits' not only to diagnose and heal illness but also to do harm through witchcraft.

10:40-11:00 "Aya: Awakenings"

This experimental documentary has evolved from a live audiovisual performance created as part of a book tour in California in late 2009, which blended spoken word, atmospheric sound design by Buttons Touching and hypnotic psychedelic visuals mixed with documentary footage and photography by video artist Tim Parish (Verb Studios). The final "video book" ("vook") merges narration gleaned from select chapters of the book with interviews and innovative sound design, taking the audience on a journey into the jungles of Peru, where the practice of traditional shamanism has an unbroken lineage to the present day.

14:00-14:20 "Fire in a Madhouse" (will be shown in main lecture theatre)

15:00-16:30 "Vine of the Soul"

Can a sacred plant from the Amazon heal our minds and spirits? For centuries, indigenous people of South America have used ayahuasca, a psychoactive plant medicine, to cure all manner of psycho-spiritual ills. Today, thousands of Westerners, seeking healing and spiritual awakening, attend ayahuasca ceremonies around the world to drink the vision-inducing tea and experience dramatic transformations in their lives. "Vine of the Soul" is a documentary that explores this brave new world, offering insights into the nature of spirituality, mystical experience and self-healing through a heightened state of consciousness.

17:00-18:00 "Song of Mukhomor" and "Pegtymel"

Pegtymel is a documentary on the Chukota by Russian anthropologist Andrei Golovnev, including mushroom rock carvings and first person narratives of Amanita intoxication. *Song of Mukhomor* is a record of a mycological expedition in search of Amanita use, led by Gary Lincoff, New York Botanical Garden instructor on fungi, mosses and lichens and author of the *Audubon Guide to Mushrooms of North America*. They are each about 30 mins long and both very interesting in different ways. *Pegtymel* is stunning visually and full of poetry in its depiction of the cycle of life amongst the Chukota of the extreme NE of Siberia. Both are of great interest to anyone interested

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in psychoactive mushrooms and their traditional and not-so traditional use. Alan Piper will give a brief introduction to the films and there is time for debate after.